



# Runnin' Refs



## FIT TO OFFICIATE

gmac **FOOTBALL OFFICIALS** assn

# MISSION

May 23, 2012

## FIT TO OFFICIATE

The Runnin' Refs is a community outreach of the Greater Miami Athletic Conference Football Officials Association. The Runnin' Refs encourages all members to train for and compete, by running and/or walking, in at least one yearly 5K event as a community outreach fundraiser and also to improve health and weight maintenance, improve cardiovascular endurance for the football season, and to help all of our members become more physically able to withstand the rigors of the football season. The purpose of the Runnin' Refs is twofold: To provide a viable and valid means of raising funds for worthy charitable causes supported by the GMACFOA; and, to offer our members a practical and worthwhile method of training and getting "Fit to Officiate."

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Greater Miami Athletic Conference  
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