

Note: Print out cut and laminate, they will fit in the Honig's wallet

<p><b><u>2016 XTREME HEAVY RULES</u></b></p> <p><b>ALL HEAVIES</b> must have league label on front &amp; back of helmet – Penalty UNS on HC</p> <p>*Labels that fall off during play treated as defective equipment</p> <p><b>MAXIMUM WEIGHT RESTRICTED PLAYERS</b></p> <p><u>FREE KICKS</u></p> <p>No <b>MORE</b> than 4 heavies (includes kicker)</p> <p><u>RUN/PASS/KICK SCRIMMAGE PLAY</u></p> <p>No MORE than 5 on A(O)/B(D)/K and R</p> <p><b>FOUL:</b> Dead Ball- Encroachment (5yds)</p> <p><b>ALIGNMNET WEIGHT RESTRICTED PLAYERS</b></p> <p><u>FREE KICKS</u></p> <p>R's restraining line or w/in 5 of K's (EXC K)</p> <p><u>RUN/PASS SCRIMMAGE PLAY</u></p> <p>Offense on LOS, not end &amp; covered</p> <p>Defensive <b>MUST BE</b> on LOS but <b>NO MORE</b> than 3 yards outside the offensive tackle.</p>	<p><b><u>2016 XTREME HEAVY RULES</u></b></p> <p>On unbalanced line, tackle box extended.</p> <p><b>FOUL:</b> Live Ball: Illegal Formation</p> <p>All subsequent: <b>UNS</b> on offender</p> <p><b>OTHER WEIGHT RESTRICTED PLAYER RULES</b></p> <p>Ball <b>CANNOT</b> be advanced by Heavy</p> <p><b>BALL DEAD</b> at spot of recovery or interception <b>POSSESSION AWARDED.</b></p> <p><b>NO PLAY</b> may be designed for a Heavy to handle or advance the ball. (EXC Kicker)</p> <p><b>BALL DEAD</b> at spot of handing or catch</p> <p><b>SCRIMMAGE KICK EXCEPTION</b></p> <p>Kicker can be heavy and line up in backfield.</p> <p>Heavy kicker cannot pass or intentionally advance the <b>BALL DEAD</b></p> <p><b>FOUL:</b> Illegal touching foul (5yds and LOD)</p> <p><i>Note: Rugby style Heavy Kicker must be declared at Pre-Game</i></p>
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